

Redwood Park Trail Run Course Description

Direction	Course	Color	Distance (Km)		Aid Stations (Km)	
			Segment	Cumm.	Location	Next
10 Kilometer Trail Run						
	<i>Start: Canyon Meadow (Owl Picnic Area)</i>					10.3
Go STRAIGHT (NW)	Stream Trail (asphalt)	Orange	0.5	0.5		
Turn LEFT	Stream Trail Connector	Orange	0.1	0.5		
Turn RIGHT	Bridle Trail	Orange	1.2	1.7		
Turn LEFT	Stream Trail	Orange	1.7	3.4		
Turn LEFT	Tres Sendas Trail	Orange	0.5	3.9		
Turn LEFT	Tres Sendas/French Trail	Orange	0.1	4		
Veer LEFT	French Trail	Orange	3.7	7.8		
Turn LEFT	Chown Trail	Orange	0.9	8.7		
Turn RIGHT	Bridle Trail	Orange	1.2	9.8		
Turn LEFT	Stream Trail Connector	Orange	0.1	9.9		
Turn RIGHT	Stream Trail (asphalt)		0.5	10.3		
			Kilometers	10.3		
			Miles	6.4		
					10.3	

Direction	Course	Color	Distance (Km)		Aid Stations (Km)	
			Segment	Cumm.	Location	Next
20 Kilometer Trail Run						
	<i>Start: Canyon Meadow (Owl Picnic Area)</i>					8.5
Go STRAIGHT (NE)	Canyon Trail	Pink	0.7	0.7		
Turn LEFT	East Ridge Trail	Pink	2.7	3.3		
Turn LEFT	Prince Trail	Pink	0.6	3.9		
Turn RIGHT	Stream Trail	Pink	1	4.9		
Turn RIGHT	Eucalyptus Trail	Pink	0.5	5.4		
Turn LEFT	East Ridge Trail	Pink	1.1	6.5		
Stay RIGHT	West Ridge Trail	Pink	1.9	8.5	Moon Gate	11

Go STRAIGHT (SE)	West Ridge Trail	Pink	1.2	9.7		
Stay RIGHT	Graham Trail	Pink	1.7	11.4		
Turn LEFT	Dunn Trail	Pink	1.7	13.1		
Stay RIGHT	Baccaharis Trail	Pink	0.7	13.8		
Turn RIGHT	West Ridge Trail	Pink	1	14.8		
Turn RIGHT	Toyon Trail	Pink	1.3	16.1		
Turn LEFT	Golden Spike Trail	Pink	2	18		
Go STRAIGHT (NW)	Bridle Trail	Pink	1	19		
Stay RIGHT	Stream Trail Connector	Pink	0.1	19		
Turn RIGHT	Stream Trail (asphalt)	Pink	0.5	19.5		
			Kilometers	19.5		
			Miles	12.1		
					19.5	

30 Kilometer Trail Run

(Complete 20 Km course first & 10 Km course last.)

Kilometers	29.8
Miles	18.5

50 Kilometer Trail Run

(Complete 20 Km course, then 10 Km course, and 20 Km course a second time.)

Kilometers	49.3
Miles	30.7