

PACIFIC COAST TRAIL RUNS

HEADLANDS 100 MILE ENDURANCE RUN

Location	Distance (mi)	Next Aid (mi)	Cut-Off Time	Crew Access	Drop Bags/Sleeping Tent	COLOR
Rodeo Beach (Start)	0	4.2		YES	YES	Yellow
Tennessee Valley	4.2	4.1		YES	YES	Yellow
Muir Beach	8.3	3.8		YES		Pink
Tennessee Valley	12.1	5		YES	YES	Pink
Golden Gate	17.1	8		YES		Blue
Rodeo Beach (Start/Finish)	25.1	8		YES	YES	Blue
Golden Gate	33.1	5		YES		Pink
Tennessee Valley	38.1	3.8		YES	YES	Pink
Muir Beach	41.9	4.1		YES		Yellow
Tennessee Valley	46	4.2		YES	YES	Yellow
Rodeo Beach (Start/Finish)	50.2	4.2	10:00 PM	YES		Yellow
Tennessee Valley	54.4	4.1		YES	YES	Yellow
Muir Beach	58.5	3.8		YES		Pink
Tennessee Valley	62.3	5		YES	YES	Pink
Golden Gate	67.3	8		YES		Blue
Rodeo Beach (Start/Finish)	75.3	8	7:00 AM	YES	YES	Blue
Golden Gate	83.3	5		YES		Pink
Tennessee Valley	88.3	3.8		YES	YES	Pink
Muir Beach	92.1	4.1		YES		Yellow
Tennessee Valley	96.2	4.2		YES	YES	Yellow
Rodeo Beach (Finish)	100.4		4:00 PM	YES	YES	FINISH