



PACIFIC COAST TRAIL RUNS

HEADLANDS 50 MILE ENDURANCE RUN

Location	Distance (mi)	Next Aid (mi)	Crew Access	Drop Bags	COLOR
Rodeo Beach (Start)	0	4.2	YES	YES	Yellow
Tennessee Valley	4.2	4.1	YES		Yellow
Muir Beach	8.3	3.8	YES		Pink
Tennessee Valley	12.1	5	YES		Pink
Golden Gate	17.1	8	YES		Blue
Rodeo Beach (Start/Finish)	25.1	8	YES	YES	Blue
Golden Gate	33.1	5	YES		Pink
Tennessee Valley	38.1	3.8	YES		Pink
Muir Beach	41.9	4.1	YES		Yellow
Tennessee Valley	46	4.2	YES		Yellow
Rodeo Beach (Finish)	50.2	4.2	YES		FINISH